

Teacher Notes

Hello Teachers & Coaches!

First let me thank you for all of the hard work that you have put into this year's instruction of skills and choreography. You should all be very proud of yourselves for contributing to the growth as well as the artistic and athletic development of our city's youth.

I'm very happy to be taking photos for your organization this year. When picture day arrives, we'll want everyone to be as prepared as possible so that the schedule flows smoothly.

So, in keeping with this goal, here are a few tips to make the process easier:

- Be sure all children have the parental handout.
- Three poses are required to be prepared in advance for each individual or group. For best results, prepare five for individuals.
- The camera does not like space between the participants so group your poses close together. Children touching one another is fine!
- Watch out for poses that reveal private parts or cause costumes and gym suits to be unflattering. For the most attractive photos, bodies should be bladed (turned slightly sideways) so that legs and arms and skirts cover visible private areas. This is especially important for needles and splits performed by dancers, gymnasts & skaters.
- Arms and legs should be bladed and angled. Arms that stick straight out towards the camera can make the hands look very large and arms disproportionately short. Arms and legs that go straight out to the sides can be cut out of the picture, and no one wants to lose an arm or a leg this way.
- Makeup: Dancers: Stage makeup is great on the stage, but doesn't look nice in a portrait when it's too heavy. Keep lipstick and eyeliner light, and well blended. Blot, blot, blot those lips! Gloss is better than heavy lipstick. Sparkly makeup is a no, no, especially on the lips. Everyone: Light and neutral makeup is always best. Lip gloss and light mascara are fine. Let's keep the children looking like children!
- For the very young recreational and kinder athletes don't worry too much about poses. We use standard individual poses. Group poses should still be prepared in advance.
- Finally, many parents like to see the teacher/coach in one of the poses. Be prepared for a photo with your group!

If you have any questions, please give me a call at _____. Looking forward to picture day!
Warm regards,
